

# Individual faith formation plan

Faith in Jesus is really a journey each person must make, guided by his Spirit and his community, the church. That journey is unique to each person, both in terms of the time it takes and things that the Holy Spirit will use to speak to you and shape you to take your place in his community and her mission.

Use this guide to reflect on your journey and what you are looking for as you make your journey.
Capture what you have shared with the OCIA director and/or your shepherd and the guidance each have given you so far. Your answers should be written in a separate document and shared with your shepherd and the OCIA director.

This will become a guide for your formation as a seeker of Jesus Christ.

As you discuss your background, experience, and expectations with your shepherd and/or the OCIA director, work on answering these questions with good detail, in terms of your spiritual life and your relationship with Jesus and his community, the church.

## 1. Where have you been?

- What has led you to ask questions about Jesus and his church?
- What experiences have you had with Christianity? Is this your first encounter with a Christian community, or have you been a part of another church community in the past? Have your experiences with Christians been positive or difficult? Why?
- If this is your first time seeking answers about Jesus, the Christian community, and the Catholic Church, what brought you to this point?
- If you were active in a church before, how active were you? Were you baptized? Have you been confirmed in another church or participated in Eucharist (or communion, the Lord's Supper)?

#### 2. Where are you now?

- What is it that brought you to this parish in particular? What is your current relationship with the parish or any of its members?
- Are you currently a part of another church community? What makes your current affiliation or life situation something you might want to change?
- What are seeking at this stage in your journey? What are your questions about Jesus and the Catholic faith? What do you find interesting or even exciting? What concerns do you have?

#### 3. Where are you going?

- What, specifically, are you seeking from Jesus and from his church? What do you think you might find by asking questions, exploring options, and opening yourself to what God might do in your life?
- Are you seeking to be baptized and to participate fully in the life of the church, or are you not yet certain?
- How do you think you might be different after a journey to faith in Christ?

## 4. What will you do to get there?

- What do you think you will need to do to realize the change and the relationship with God and his church that you may be seeking?
- What do you feel that you need to do to know Jesus and become what you feel he is leading you to be and to do?
- What are you willing to do to get there?

## 5. How will you know you have arrived?

 How will you know that you have fully realized the change God may be asking of you? How do you envision your life will look different?